PREDICTING VIOLENT BEHAVIOR

CADEN DOTSON
PERIOD: 3RD
Psychologists and psychiatrists have been working for decades to try to figure out whether there’s a link between mental illness and violence, and if so which people are likely to act. Using an ever-changing tool kit of theories and questionnaires, they’ve made some progress.

The vast majority of mentally ill people won’t commit assault, rape, arson or homicide, although the risk rises sharply among those who abuse drugs and alcohol.
The current study examines the relations between TV-violence viewing at ages 6 to 10 and adult aggressive behavior about 15 years later for a sample growing up in the 1970s and 1980s. Childhood exposure to media violence predicts young adult aggressive behavior for both males and females.

There is more violence and aggressive behavior in this generation than there was in the 1980s, which promotes more teens to have violent behavior.
CHARACTERISTICS OF ABUSERS(IF YOU LIVE WITH THEM)

- Threatens to hurt you or the children or pets, or does cause hurt
- Gets angry when drinking alcohol or using drugs.
- Humiliates you in front of others.
- Destroys your property or things that you care about.
What is Violent Behavior

- Violent behavior can cause physical or emotional harm to others. It may range from verbal abuse to physical abuse.

- Mental health conditions and brain damage can contribute to violent behavior.

- Occasional aggressive outbursts are common and even normal. Violent behavior is a problem when it brings harm to others or becomes a frequent, regular problem.
CAN YOU HELP A VIOLENT PERSON?

• Yes, you can by calming them down as much as you can and help solve their issue(s).
• Counseling about the issue
• Stopping the person from doing any act of aggression
HOW TO HELP A VIOLENT PERSON (AS A PARENT OR FRIEND)

• Giving Attention
• Help Build Self-Esteem
• Avoiding Harsh Punishment
• Learning Calming Techniques
• **Children do not behave aggressively because they are "naughty or "bad."** Their aggressive behaviors may result from brain patterns that have been shaped by prior experiences, usually those involving relationships and or specific social experiences, or actual trauma itself.
WHAT TO BE CAREFUL OF WHEN DEALING WITH A VIOLENT PERSON

• Shouting and or with threats
• Replying aggressively to simple questions
• Poking fingers or pushing
• Tight jaw
• Angry facial expressions
• http://www.ilrctbay.com/upload/custom/abuse/content/abusers.htm (characteristics of abusers)
• http://ps.psychiatryonline.org/doi/abs/10.1176/ps.39.10.1090 (Accuracy in Predicting Violent Behavior)
• http://psycnet.apa.org/journals/dev/39/2/201/ (television violence)
• https://www.psychologytoday.com/blog/fighting-fear/201212/is-it-possible-predict-violent-behavior (Possible to Predict Violent Behavior)
• http://www.nap.edu/read/4422/chapter/5 (Predicting Violent Behavior and Classifying Violent Offenders)
• https://www.washingtonpost.com/national/health-science/predicting-violence-is-a-work-in-progress/2013/01/03/2e8955b8-5371-11e2-a613-ec8d394535c6_story.html (Predicting violence is a work in progress)
• http://www.vachss.com/guest_dispatches/dvoskin2.html (What are the odds on predicting violent behavior)